



# Youth Girls Mentoring Program

**Essie's Girls Inc.** was founded 2009 and then incorporated in April 2010 as a nonprofit organization, located in Plano, TX. Essie's Girls serves girls grades 6th through 12th in the North Texas area with one-on-one mentoring relationships, workshops, field trips, community projects, and extra-curricular activities at little or no cost.

**Essie's Girls Inc.** is committed to empowering today's young girls to be successful individuals by teaching them critical and necessary life skills through curriculum that is designed to promote academics, develop character, define and set career objectives, and build healthy relationships.

#developcharacter

Self-esteem building

**Essie's Girls Inc.** operates two programs that allow us to remain focused on the young girls in our communities that need our services.

## promote academics

**Mentoring Program** - is a 10-month program that allows our potential mentees to be assigned to a mentor, an older female of the community who is interested in participating and making a positive difference in a young girls' life. This program is open to middle and high school girl in the DFW area. There is a application that must be filled out prior to mentor/mentee assignment.

**Workshop Series** - is a program that allows us to provide curriculum that include workshops on bullying prevention, computer coding, self-esteem building, and career development. These workshops are provided monthly at little or no cost for attendees. In addition, we provide volunteer opportunities which give our mentors, mentees, and their parents the chance to be involved in their community.

#workshops

#fieldtrips

#communityprojects

#mentoringworks